

HOSPITAL
FOR
SPECIAL
SURGERY



DR. ALAN DECHIARIO (INTERNAL MEDICINE)
DR. LINDA RUSSELL (INTERNAL MEDICINE)



August 2, 2009

Alan DeChiario, M.D.
635 Madison Avenue
New York, NY 10022

Re: Shele Covlin

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Dear Alan:

Thank you for referring Shele Covlin. My initial note is enclosed for your review. As you are aware, she has borderline osteoporosis in the hips and osteopenia in the spine. Recent laboratory testing reveals an NTx of 91 suggesting significant ongoing bone loss. Her vitamin D level was 30. Ideally, it should be 32. Her intact PTH was normal suggesting she does not have a component of secondary hyperparathyroidism. She will upgrade her vitamin D intake and we have decided to begin Actonel. Based on NOF criteria, her T score is greater than -2.0 and she therefore is a candidate for antiresorptive therapy. I am also concerned about her high NTx. Interestingly, based on her FRAX analysis and her WHO criteria, she does not quite meet criteria for treatment but I do think it is advisable. She will follow up with me in one year. She knows to contact me if she has any problems with Actonel.

If you have any questions or concerns, please feel free to call.

Warmest regards,

L. A. Russell

Linda A. Russell, M.D.

LAR/ar

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